

## ALL YOU CAN EAT

Please pay at the bar then help yourself to our delicious range of breakfast items from the deck.

BACON 132kcal per item

PORK SAUSAGES 217kcal per item

Except Scottish sites where we serve Lorne, 231kcal

FREE-RANGE FRIED EGGS (V) 112kcal per item

HASH BROWNS (V) 91kcal per item

PLUM TOMATOES (V) 21kcal per spoonful

HANDMADE POTATO, BACON, CHEESE & ONION HASH 85kcal per spoonful

BREAKFAST GRAVY (V) 171kcal

CHEFS SPECIAL BREAKFAST YORKSHIRE PUDDING

With roasted onion and bacon bits, 206kcal

TOAST (V)

With a selection of jams and spreads, 423kcal

MONDAY - FRIDAY SATURDAY VACINITS -

BAKED BEANS (V) 60kcal per spoonful

FRESHLY ROASTED MUSHROOMS (V)

80kcal per spoonful

#### FRESHLY COOKED TO ORDER

Please let our team know when you order at the bar.

THIS ISN'T PORK SAUSAGES (VE) 217kcal

FREE-RANGE SCRAMBLED EGG (V) 243kcal

# CHILDREN'S

### CHILDREN'S BREAKFAST

For under 12s.

Vegetarian option available (V)

#### BABY BOWL

For under 2s. Help yourself to toast, jams & spreads.

### ADD PIP ORGANIC SMOOTHIE



Pineapple & Mango (VE) 104kcal Strawberry, Banana & Purple Carrot (VE) 79kcal

### HOT DRINKS

Oat and sov alternative to milk are also available.

POT OF TEA 25kcal

ESPRESSO 9kcal

HERRAL TEA 2kcal

CAPPUCCINO 93kcal

COFFEE 60kcal

LATTE 108kcal

HOT CHOCOLATE 305kcal

ICED COFFEE 82kcal

FLOATER COFFEE 156kcal

**DECAF COFFEE** 100kcal

## SOMETHING SMALLER

TOAST (V)

With a selection of iams and spreads, 423kcal

PORRIDGE (V) >

With apple, blackberry and redcurrant fruit compote. 65kcal 1.49

CEREAL (V) >

Just ask for today's selection.

# UNLIMITED REFILLS

Filter coffee 60kcal or Tea 24kcal





Allergen Information: All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies, or intolerances, or need help accessing our allergen information, please let us know before ordering.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. Adults need around 2000kcal a day. 💎 = 500 calories or less, before any add-ons or extras. All calories are accurate at the time of menu print, live nutritional information is available on our website. Photos are for illustrative purposes only. All items subject to availability.